

MULTI WAVE LIGHT THERAPY PROGRAM INFORMATION

Program Number	Therapy	LED/IR in each treatment program	Function of The Therapy	Treatment Duration
1	Facial Rejuvenation Moderate	Amber, Red, IR, Green	Superficial stimulation of fine lines, promotes better skin	15 min
2	Facial Rejuvenation Intense	Amber, Red, IR, Green	Promotes healthier, firmer looking skin	15 min
3	Skin Tone/ Discoloration	Red, IR, Blue, Green	Discolorations (uneven skin tone)	15 min
4	Sun Spots	Red, IR, Blue, Green	Mostly blue light for the reduction of blemished skin, great for sun sports and redness	15 min
5	Blemish	Blue, Red, IR, Green	Reduction of facial blemishes often accompanied by inflammation and redness	15 min
6	Scars/ Stretch marks	Red, IR, Green	Flattens and reduces the appearance of scars and stretchmarks	15 min
7	Cellulite	Amber, Red, IR, Green	Increase circulation of superficial tissues to reduce the appearance of cellulite	15 min
8	Tightening	Red, IR, Amber, Green	Stimulates the tightening of tissue, leaving a healthy, more toned appearance	15 min
9	Acute Discomfort	Red, IR	For reducing discomfort associated with inflammation	15 min
10	Chronic Discomfort	Red, IR, Green	For the reduction of ongoing discomfort	15 min
11	De-Stress	Red, IR, Green	Promotes a calming effect for relaxation.	15 min
12	Hair	Red, IR, Blue, Green	Promotes activation of healthy hair follicles	15 min
13	Blue	Blue	Used to impede and reduce the production of P-acne. Blue light is also used to activate sodium bicarbonate formulas used in whitening teeth.	5 - 20 min
14	Red + IR	Red + IR	Combing red and infrared light increases the well being of cells, by accelerating wound healing, reducing scarring, and stimulating the orientation of new tissue to be that like non damaged tissue.	5 - 20 min
15	Red	Red	Red light has been demonstrated to improve circulation and improve uptake of nutrients at a cellular level	5 - 20 min

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16	Amber	Amber	Amber light works at 575nm (+/- 3%) and has been used for facial rejuvenation for many years now. It has been shown to produce collagen and elastin which restores the youthful appearance of younger skin.	5 - 20 min
17	Green	Green	Green light operates at 530 nm(+/-3%) and is a bio-accelerator for damaged cells; it has a calming affect on the body and is used to reduce pain and discomfort associated with stress and fatigue	5 - 20 min

Red: 630nm, IR: 840nm, Amber: 575nm, Green: 530nm, Blue: 445nm

Each program is approximately 15 to 20 minutes in duration.

Programs are a combination of visible light, infrared light and pulsing to optimize the desired benefit.

Programs are designed with specific colors at specific intervals throughout the treatment.

Colors may be repeated throughout a specific treatment. As well colors are used at various pulses per minute throughout the treatment.

****NOTE:** Proper eye shields must be worn at all times during treatment as IR can damage retina permanently.